

# WHAT IS SEXUAL ASSAULT?

**Sexual Assault** is any form of sexual contact without consent or permission. Any sexual contact with a child by an adult is assault and is a crime. Men, women, and children of any age are at risk. Perpetrators are most likely to be someone the victim knows. Sexual assault is not an accident. It is a choice. **The victim is never responsible for the assault. New Hope can help you no matter when the assault/abuse took place.**

## DID YOU KNOW...

- One in 4 girls and one in 6 boys are sexually assaulted by the age of 18.
- Children who are sexually abused are more likely to abuse drugs and alcohol, do poorly in school, or become a teen parent.

**There is help, you are not alone.**

**Call today.  
(509) 764-8402**

*“At New Hope it is our vision to empower individuals by providing a safe, confidential, and nonjudgmental environment for healing from abuse”*

### PLAN FOR YOUR SAFETY

Seek the support of a caring person who understands this is a very real problem.

Call 9-1-1 if you are in immediate danger.

Seek medical attention as soon as possible.

Tell the truth about injuries.

Ask for information on legal rights, medical protection, and domestic violence advocacy.

Work out a safety plan, with help, to protect yourself and your children.

Learn how to break away from the cycle of abuse. You are **NOT** alone.

**YOU HAVE THE RIGHT TO BE FREE FROM ABUSE!**



*Serving all of  
Grant and  
Adams County*

*All services are  
confidential and free of charge*

**311 W. 3rd Ave  
Moses Lake, WA  
98837**

**With offices in  
Othello, Quincy,  
Mattawa, &  
Grand Coulee**

**(509) 764-8402**

**24 Hour Victim  
Access Line  
1-888-560-6027**

Whether it's you, someone you know, or a complete stranger....

## WHAT IS DOMESTIC VIOLENCE?

**Domestic Violence** is a pattern of abusive behavior in any relationship that is used by one partner to gain or maintain power and control over another intimate partner. Domestic violence can be physical, sexual, emotional, economic, or psychological actions or threats of actions that influence another person. This includes any behaviors that intimidate, manipulate, humiliate, isolate, frighten, terrorize, coerce, threaten, blame, hurt, injure, or wound someone.



## WHAT IS ABUSE?

**If your partner uses one or more of the following to control you...**

- Pushing, hitting, slapping, choking, kicking or biting.
- Threatening you, your children, other family members or pets.
- Threatening suicide to get you to do something.
- Using or threatening to use a weapon against you.
- Keeping or taking your paychecks.
- Puts you down or makes you feel bad.
- Forcing you to have sex, or to do sexual acts you do not want to do or like.
- Keeping you from seeing your friends, family or going to work.

**...YOU HAVE BEEN ABUSED!**

Serving all victims of crime in Adams, Grant,  
Lincoln & Whitman counties. 24 hour Crisis  
Hotline 1.888.288.9221



## OUR MISSION

*New Hope Domestic Violence & Sexual Assault Services works with survivors, educators and community partners so that together, we can end the violence.*

## IF YOU ARE ABUSED

If you are being abused by your partner you may feel confused, afraid, angry and/or trapped. Your partner might try to blame you or you might feel that it is your fault. All of these emotions are normal responses to abuse. No matter what others might say you are never responsible for your partner's abusive actions. No one deserves to be abused.

## WHAT DOES NEW HOPE PROVIDE?

**24-HOUR CRISIS LINE** - Available for victims of domestic violence and sexual assault, 24 hours a day, seven days a week.

**MEDICAL ADVOCACY** - Trained advocates will accompany victims of domestic violence and sexual assault to medical facilities.

**LEGAL ADVOCACY** - Advocates support the individual's choice regarding reporting the crime. Advocates provide information about the legal system, help with protection orders, and support the victim throughout the legal process.

**COMMUNITY ADVOCACY** - New Hope makes referrals to other agencies that can provide help and support to victims of domestic violence and sexual assault. Trained advocates can provide personal support, emergency shelter, food and clothing. Therapy sessions can be offered to survivors so they may express their feelings, thoughts and fears in a safe environment.

**SUPPORT GROUPS** - New Hope provides peer support groups for victims of domestic violence and sexual assault.

**TRAINING & PRESENTATIONS** - New Hope provides presentations to schools, social service agencies, businesses, civic groups, and any individual or group who wants to know more about domestic violence, sexual assault, and how to respond and prevent these persistent social problems.

## OUTREACH OFFICES IN:

Grand Coulee  
Quincy, Othello  
Mattawa  
Othello

Like us on Facebook



**...ending Domestic and Sexual Violence is everyone's business.**